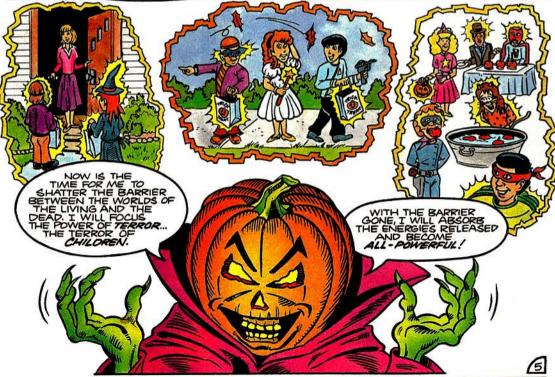






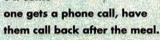
STORY CONTINUED IN THIS ISSUE!



Egon Spengler's Parents'Guide For Health and Safety



supp time like at your house? If it's not the enjoyable, get-together time you'd like it to be, try these suggestions: • If some-



- Don't let the dinner table be the place for arguments or scolding for non-dinnertime complaints.
- Encourage conversation about work, school, friends, and plans for the weekend together.
- Listen to music instead of the TV.
- Try something different for variety: Have everyone sit in different chairs than they usually do; have a napkin-folding activity before dinnertime.

Remember: The focus doesn't have to be on the food; put the focus on your family!

Children and Depression

he experts say even children can get depressed. Sometimes their feelings of sadness or depression may disappear within a few hours of an upsetting experience. At other times, their depression may hang on a little longer. Be on the alert for behavior indicating that your child is going through a hard time. They may:

 not be able to fall asleep as easily as before or they may sleep too much.

 start overeating or stop eating much at all.

 change their friends or begin to spend a lot of time by themselves in their room.

Parents can help their troubled child with patience and understanding. Encourage children to:

- check out the facts of the situation that's causing them grief.
 Sometimes people blame themselves for things that really aren't their fault.
- stop all-or-nothing thinking. If a person makes a mistake, it doesn't mean that he or she is stupid or will always make mistakes. It means that this time an error was made.
- understand that nothing is for-



ever. If they feel hopeless or sad today, that doesn't mean they'll always feel that way.

- set goals that are reachable. Kids make things hard on themselves by expecting perfection in all things and in all people.
- take care of themselves; eat right; and get enough rest, exercise, and fun.
- most of all, express themselves and talk out their feelings with you.

Subtracting ADD From Your Child's Life

ou've probably heard about Attention Deficit Disorder (ADD). It is a condition that occurs in three percent of children, and it makes it difficult for them to stay focused on schoolwork and other activities. To help you sort out your child's behavior from that of a child with ADD, here's a look at the symptoms of Attention Deficit Disorder. Typically children with ADD:

- are fidgety and squirmy
- · are not able to wait their turn
- · often answer questions before they are completely asked
- · may only finish part of something they are working on
- · cannot play quietly
- talk a lot, interrupt, or butt in on things other people are doing

- have temper tantrums
- may not do well in school
- may have difficulty dealing with family. friends. and

teachers. Of course, most children behave this way at one time or another. But for children who behave in these ways most of the time and whose behavior gets in the way of their schooling and social activities, a consultation with a doctor is probably in order. ADD may be treated with

medications and therapy. E·G·O·N·'S Q·U·I·C·K T·I·P·S

holesterol counting for kids? Yes...and here's what the National Cholesterol Education Program has to say: For children age 2 and over, a total cholesterol reading of 200mg/dL or more is considered to be high. If you have concerns about your child's cholesterol level, discuss them with your physician.

A little assistance from the Lookingfor-Child-Care Department: This source can help you select an appropriate child care setting:

The National Association of Child Care Resource and Referral Agencies 2116 Southeast Campus Dr. Rochester, MN 55904 (507) 287-2020

They can give you sources to call in your own geographical area to help you in your search.

To prevent sports-related injuries to your children's growing muscles, ligaments, and tendons, introduce them to the idea of warming up and stretching. This is especially important for children involved in dance or gymnastics.

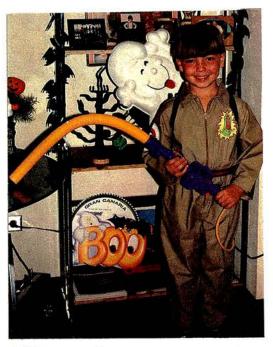
Well, friends, the cold of winter will soon be upon us, so I'm gonna stop writing about being healthy and start doing something. Think I'll take a long walk around a short block!

See ya next time,

Egon Spengler Your Healthy Helper

Ghost Writer: Carol Spielman Lezak Ghost Artist: James Bradshaw

THE GHOSTBUSTING PHOTO GALLERY



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David Melrose Minneapolis, MN



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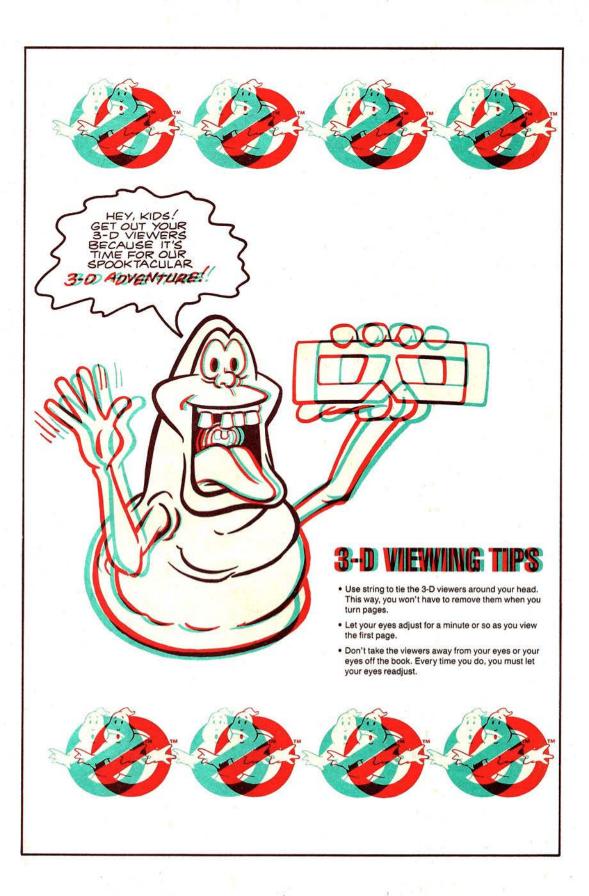


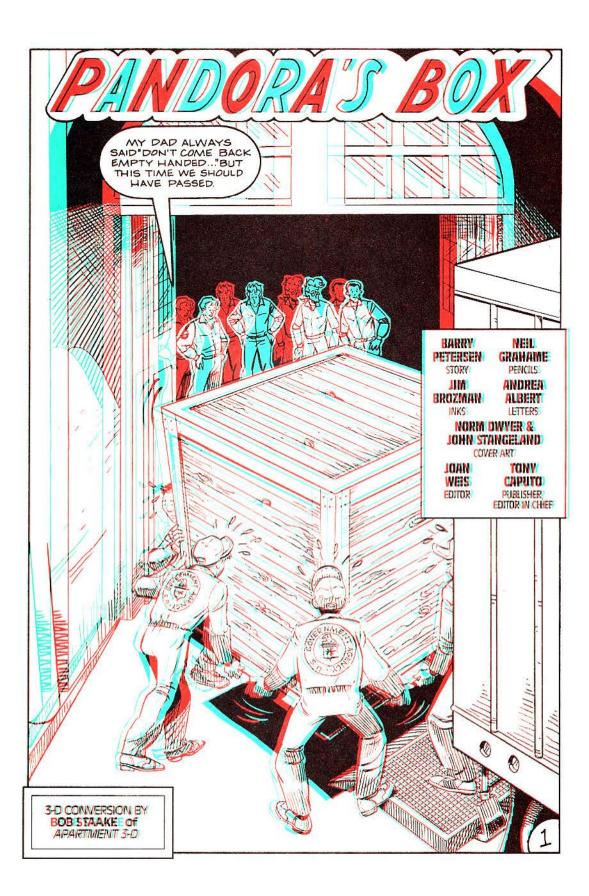
Joshua Sedillo Grissom AFB, IN

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GHOSTBUSTING PHOTO GALLERY c/o NOW Comics 60 Revere Dr., Suite 200 Northbrook, IL 60062

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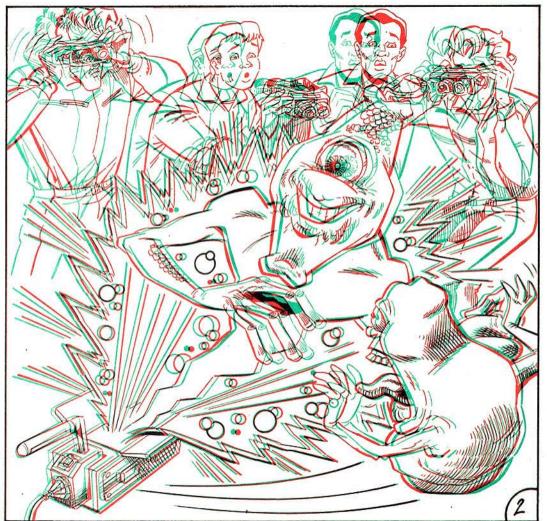






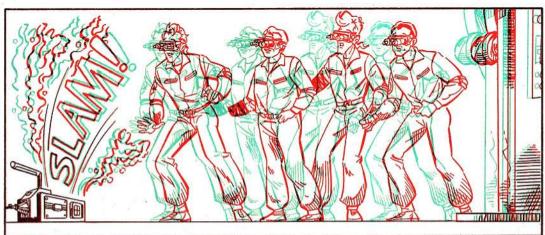


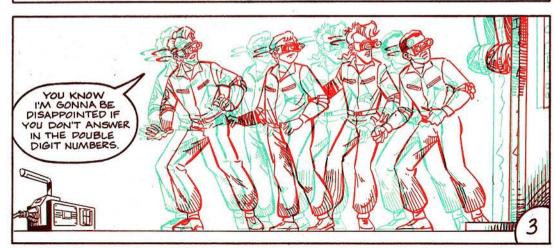


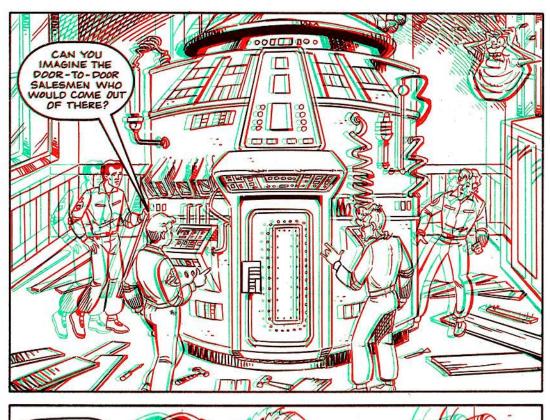










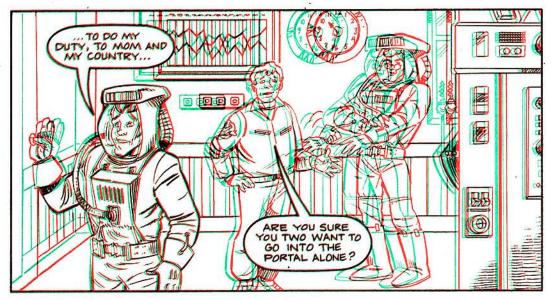










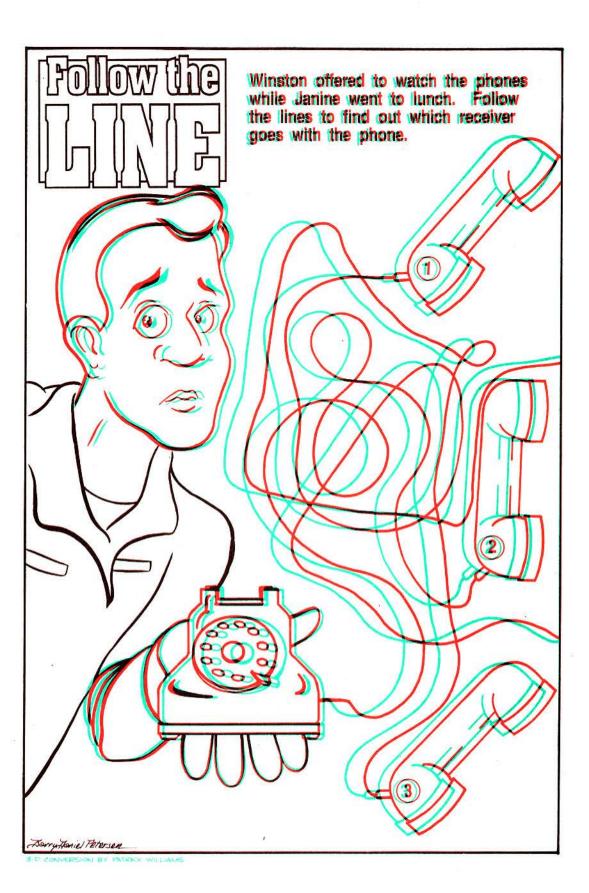


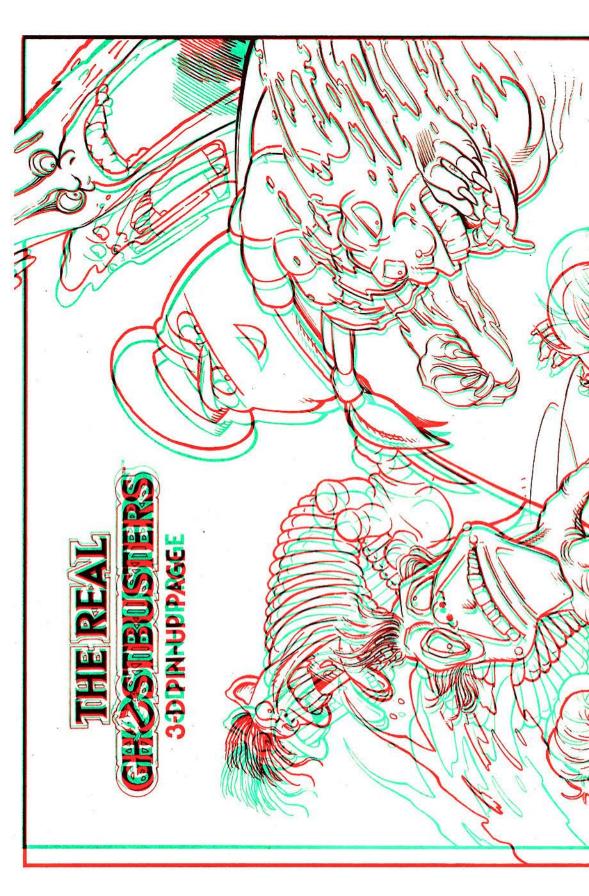




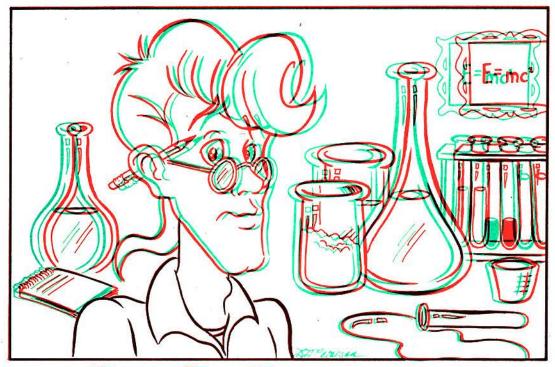








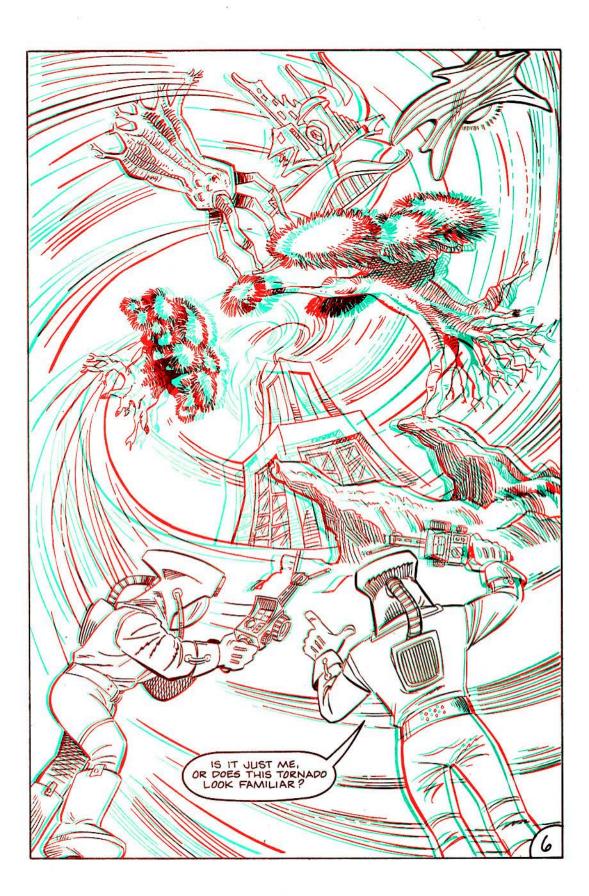


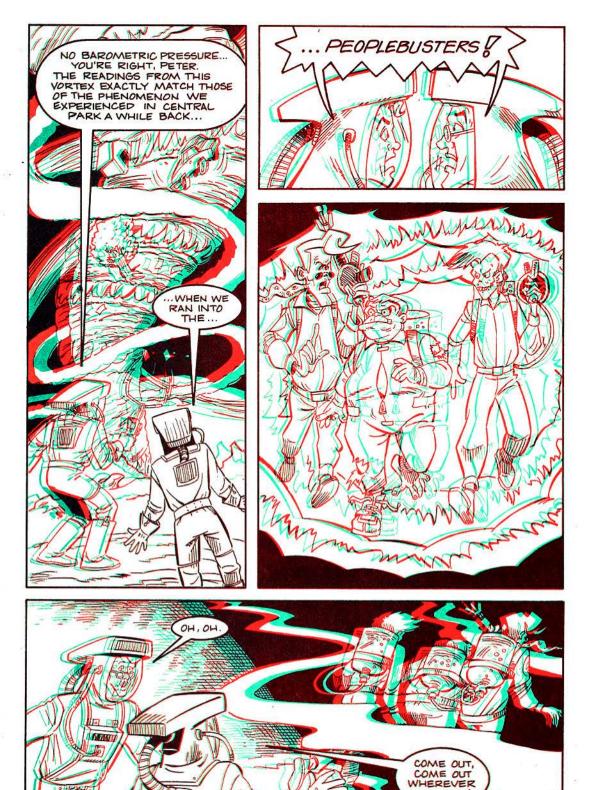




Cam you find at least six things different in these two pictures?







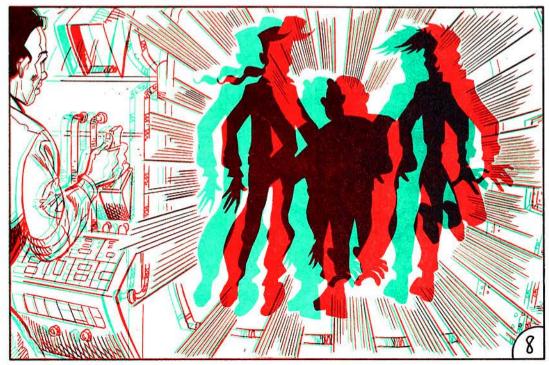
YOU ARE!











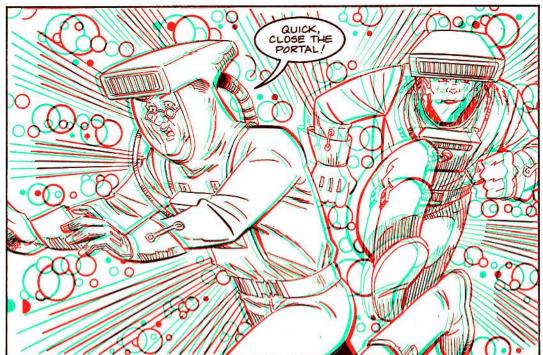
























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Smithtown, NY



Jeremy Vanderknyff Simpsonville, SC



Jack Hensley Belmar, NJ

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Readings

I greet you, Ghostbusters. I must take this opportunity to thank you for all of the letters, drawings, and photos! How did you like the second 3-D REAL GHOSTBUSTERS story of all time? Write in and let me know!

Joan Weis, Editor

PKE READINGS c/o NOW Comics 60 Revere Dr., Suite 200 Northbrook, IL 60062

Dear NOW:

My name is Dr. Egan Spengler. I am a parapsychologist and renowned ghost hunter. I am 22 vears old and the only female ghost hunter in the state of California.

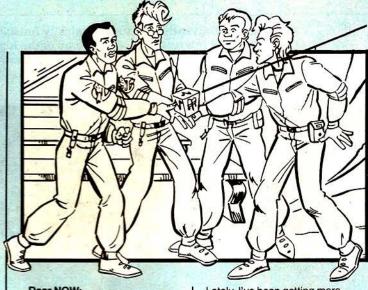
I want it to be known that nobody can challenge me on both Ghostbuster movies and especially on THE REAL GHOST-**BUSTERS and SLIMER! I have** the world's largest collection of Ghostbuster memorabilia. I have tattoos of Ghostbusters. I have Slimer, Egon, Peter, Ray, Winston, and myself.

Egon is my favorite one. You might say he's my husband the way I love him so! THE REAL **GHOSTBUSTERS and SLIMER** are my whole world, and my life is devoted to them entirely! Everyone calls me "Egon" because I look exactly like him. I' wear Ghostbusters clothes, sleep with Ghostbusters sheets and comforters, and many more. I am the number one fan. I am a Ghostbuster for real and always!

Love, Dr. Egan Spengler La Habra, CA

Dear Egan:

You certainly are enthusiastic about your love for Egon and the rest of the Ghostbusters. However, since this is a Code-approved book, I won't ask you about your tattoos!



Dear NOW:

Hi! I've been a REAL GHOST-BUSTERS fan since the start. I've seen both Ghostbuster movies as well as all the cartoons. I even collect REAL GHOSTBUSTERS stuff. I have also collected the comic.

I have enjoyed the "Tobin" story, and I liked the 3-D comic as well. I'm glad the artwork on the guys is just like on the TV show, especially Egon, since he is my favorite Ghostbuster.

I like the way you have put Egon's Health and Safety Guide in your comic. It's very helpful.

I hope that you do not change Janine's looks. I like her just the way she is. Please print my address so people can write me if they want.

A Ghostbusters fan, Regina Adams 8637 12 Mile Rd. Marshall, MI 49068

Dear Regina:

I hope you get a Ghostbusting letter soon. Worry not; we aren't going to change a single thing about Janine, or any of the guys for that matter.

I'm happy to hear that you like Egon's Health and Safety Guide. Lately, I've been getting more letters from people who express the same view. Thanks for all of the comments.

Dear NOW Comics:

So we finally get to meet Tobin, the creator of the Spirit Guide. I never expected him to be from the future, but these days, I've learned to expect the unexpected whether I like it or not.

In any case, I look forward to #4 to find out what happens.

Keep up the good work at NOW Comics, and I hope this will be a good year for you all.

Cordially, Steven Acevedo Bronx, NY

Dear Steven:

Actually, Tobin is from the past (which explains why he aged so fast when he left the time vacuum). As far as I can tell, he is the second chronicler of the Spirit Guide. Tobin's predecessor began at the beginning of time. For reasons that I'm not aware of, this man needed to be replaced by Tobin a couple thousand years ago. Tobin has been the chronicler since then. He needed to be in a time vacuum to prevent him from aging. Thanks for the comments.

SHOW STOPPERS

With the convention season technically finished, I thought you'd be interested in seeing some of the highlights from NOW's appearances. We've had some special artists and other celebrities visit our booth. Here are just a few of them.



Jeff Butler signing posters at the Capital City Conference (May).



Comic shop owner Gary Colabuono clowning around with Mr. T in San Diego (August).



Green Hornet writer Ron Fortier and inker David Mowry signing autographs at the Diamond Seminar (June).



The Green Hornet (Scott Heathcote) and Kato (Michelle Latimer) at the San Diego Con (August).



TV's *Green Hornet*, Van Williams, signing photos at the San Diego Comic Expo (August).

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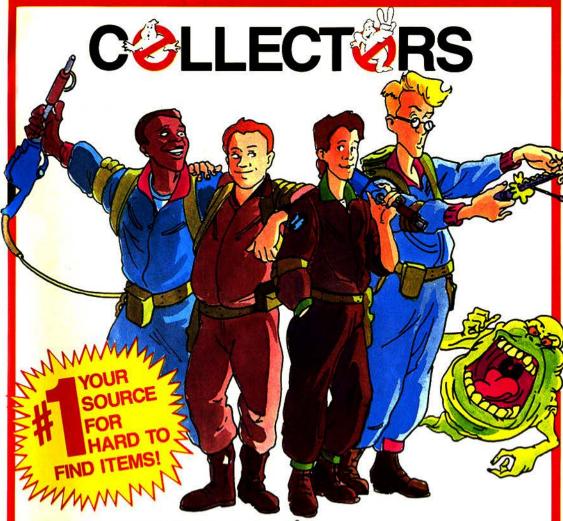
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